

Itinerary - Laos and Cambodia Culinary Tour

Please note that this itinerary is just a suggestion and can be easily amended to suit your needs.

Day 1 [Mon 01 Jul 13]: Arrival Luang Prabang - City Tour - Baci Ceremony, (L)

You will be greeted at the airport and transferred to your hotel. Depending on when you arrive activities can be arranged for the rest of the day. Nestled in a stunning setting amid forested mountains, this sacred city of golden temples and saffron robed monks provides endless opportunities for sightseeing. In the evening, enjoy a special Baci ceremony before dinner.

Note:

1. National Museum will be closed Every Tuesday
2. Traditional Arts and Ethnology Center TAEC is closed Every Monday

Hotel: Villa Chitdara 1
Room type: Superior
Website: www.villachitdara.com

Day 2 [Tue 02 Jul 13]: Luang Prabang – Cooking Course (B, L)

This morning you will learn the secrets of Lao cuisine. Begin by visiting the colourful and vibrant Hou Si Market with an expert chef, who will help you to select the ingredients you need for the lesson. Then, collect fresh herbs from an exotic jungle garden. The chef will explain the differences between the various cuisines of Southeast Asia and distribute printed recipes so you can impress your friends at home. After the class, enjoy the delicious feast you have prepared.

Hotel: Villa Chitdara 1
Room type: Superior
Website: www.villachitdara.com

Day 3 [Wed 03 Jul 13]: Luang Prabang – TAEC – Natural Dyeing Experience (B, L)

In the late morning, travel to the Traditional Arts and Ethnology Centre, a private museum recently opened to explain about the livelihoods of Laos' ethnic minorities. You'll learn many interesting facts about the hill tribes of Northern Laos. Enjoy lunch in the adjacent Le Patio Café.

After lunch, transfer to the Living Crafts Centre at 13:30 pm. Spend the afternoon in a stunning Mekong riverside garden. Prepare natural dyes and dye your own silk scarves. The workshop looks at silkworms, natural dyes and weaving techniques. The afternoon's program is interactive and full of fascinating information; a unique and entertaining opportunity to learn about silk weaving. Meet the silkworms with an introduction to silkworms and the types of silk they produce. After preparing the dye sources, dye white scarves in the chosen colours. Try weaving and spinning on our demonstration looms. Then stroll around the garden, enjoy a cocktail, nibble on some tasty fried silkworms. Watch the sun dip behind the mountains on the Mekong.

Note:

1. Traditional Arts and Ethnology Center TAEC is closed Every Monday



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2. The Dyeing Experience will start from 14:00 pm to 17:00 pm.

Hotel: Villa Chitdara 1
Room type: Superior
Website: www.villachitdara.com

Day 4 [Thu 04 Jul 13]: Siem Reap - Bayon- Sunset at Phnom Krom (L)

This morning you are transferred to the airport for your onward flight to Siem Reap. Upon arrival in the morning, you will be greeted by your tour guide and transferred to your hotel. Afternoon, start your tour to see the Bayon temple in the Angkor complex. The Bayon holds 54 towers decorated with more than 200 enigmatically smiling stone faces and Ta Prohm Temple, made famous by the movie Tomb Raider. Evening enjoy a sunset picnic with champagne over Phnom Krom.

Hotel: Casa Angkor Hotel
Room type: Terrace
Website: www.casaangkorhotel.com

Day 5 [Fri 05 Jul 13]: Tonle Sap Lake at Kompong Kleng -Banteay Srei (B, L, D)

Today, you will discover Tonle Sap Lake at Kompong Kleng, which is a unique village with few tourists visiting this area. It is a large remote village located on the northern edge of the lake approximately 40km from Siem Reap. The main industry for the community is fishing. You will take a boat trip passing markets and villages to the edge of the great Tonle Sap Lake where you will enjoy a relaxing, fascinating journey to the flooded forest and then you will back to explore the exquisite Banteay Srey, "Citadel of the Woman", home to some of the finest examples of classical Khmer art, followed by a tour of Banteay Samre.

Hotel: Casa Angkor Hotel
Room type: Terrace
Website: www.casaangkorhotel.com

Day 6 [Sat 06 Jul 13]: Sunrise - Angkor Wat - Departure (B)

Rise early to witness a beautiful sunrise over Sra Sraang Royal Pond. After breakfast, visit the famous Angkor Wat - best preserved of all the Angkor temples. Time is allowed for a thorough exploration before heading to airport for your departure flight.



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Tour includes:

- Accommodation based on shared at above selected hotels with daily breakfast
- Check-in time at all hotels is 2.00PM and check-out time at all hotels is 12.00PM.
- Early check-in and late check-out is subject to availability with surcharge.
- All transfers as mentioned by air-conditioned vehicle
- All airport transfers with English speaking guide
- All meals: B = Breakfast, L = Lunch, D = Dinner as mentioned in the program.
- All entrance fees
- Domestic flight Luang Prabang to Siem reap one way

Tour excludes:

- Travel Insurance (Compulsory)
- Visas
- Services and meals if not mentioned in itinerary
- All drinks, including water, soft drink and alcohol on all included or optional excursion
- Laundry, telephone calls and expenditure of a personal nature
- Tips and gratuities



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